

Pastry Cream

500ml	Milk
1	Vanilla Pod
95g	Egg Yolks
30g	Soft Flour
30g	Corn Flour
125g	Sugar



1. Boil the milk with the vanilla
2. Mix the Yolks with the sugar
3. Add the flours and mix well
4. Pour the liquid onto the egg mix
5. Return to pan and whisk back to the boil
6. Cool down as quickly as possible